

# September

**MEAL DELIVERY** Weekdays, call ext. 100 by 11am;  
Weekends, call ext. 100 before the previous Friday by 11am.

**HOURS** Lunch 11:30am - 12:30pm Supper 4:15 - 5:15pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Creamy Swiss Steak Mashed Potatoes · Gravy Malibu Vegetables Cherry Pie <b>1</b>	BBQ Ribs · Potato Salad Mac & Cheese Greens with Bacon Cornbread · Apple Creme Cake <b>2</b>	Fresh Garden Salad Lasagna Sicilian Vegetables Garlic Toast · Brownie <b>3</b>	Pork Roast Mashed Potatoes · Gravy Key West Vegetables · Bread Strawberry Snickerdoodle <b>4</b>	Swedish Meatballs Noodles · Green Beans Roll · Tapioca Pudding with Topping & Cherry Garnish <b>5</b>	Glazed Salmon Filet Baked potato Malibu Vegetables · Bread S'mores Cheesecake Fluff <b>6</b>	Grilled Reuben Steak Fries · Normandy Vegetables · Honeydew Melon · Ambrosia Cake <b>7</b>
Beef Noodle Soup Crackers Chef Salad Steamed Baby Carrots Pistachio Salad	Grilled Turkey and Swiss Cheese Sandwich Potato Chips · Broccoli Salad Watermelon · Ice cream	Au Gratin Potatoes and Ham · Cascade Vegetables Blueberry Bread Pudding	Sloppy Joe on a Bun Italian Roasted Potato Wedges · Corn Fresh · Grapes Cookie	Breaded Chicken Filet on a Bun · Waffle Fries Mixed Vegetables · Lime Gelatin · Chocolate Chip Bar	Tacos · Shredded Lettuce/Tomato · Shredded Cheese · Cantaloupe Rice Krispie Square	Smoked Sausage Fried Potatoes Buttered peas Ice Cream Novelty
Fried Chicken Mashed Potatoes · Gravy Green Beans with Bacon Coleslaw · Apple pie <b>8</b>	Herbed Pork Loin Baked Yam · Riviera Veg Bread · Cinnamon Applesauce Scotcheroos <b>9</b>	Turkey a la King Noodles · Sweet Garlic Roasted Carrot · Dinner Roll Blueberry Bar <b>10</b>	Philly Steak Sandwich Tater Tots Malibu Vegetables Butterscotch Pudding <b>11</b>	Herbed Garlic Butter Pork Chops · Garlic & Herb Roasted Potatoes · Key West Vegetables · Cherry Crisp <b>12</b>	Lemon Butter Cod Cheesy Rice Broccoli Fresh Baked Bread Lemon Burst Poke Cake <b>13</b>	Swiss Steak with Tomatoes · Scalloped Potatoes · Normandy Veg S'mores Brownies <b>14</b>
Ham and Bean Soup Layered Salad · Mixed Veg Cornbread · Pineapple Upside Down Cobbler	Italian Wrap Potato Chips Fresh Vegetables & Ranch Dip Angel Food Cake	Cheeseburger on a Bun French Fries Corn · Watermelon Cookie	Beef Ravioli with Marinara Sauce Cascade Vegetables Garlic Toast · Cottage Cheese Oreo Cheesecake	Grilled Chicken Salad Plate · Cantaloupe Dinner roll Sherbet	Cheese Pizza Sausage Pizza Fresh Garden Salad Ice Cream Sundae	Chili Dog on a Bun Sweet Potato Fries Mixed Vegetables Strawberry Shortcake
Open Face Hot Turkey Sandwich · Mashed Potatoes · Gravy · Key West Vegetables · Blueberry Pie <b>15</b>	Sweet & Sour Pork Rice · Broccoli Blushing Pears Apple Crisp <b>16</b>	Italian Sausage Sandwich Fried Potatoes Normandy Vegetables Pistachio Salad <b>17</b>	Baked Chicken Breast Long Grain & Wild Rice White Sauce · Cascade Veg Strawberry Rhubarb Cobbler <b>18</b>	Homestyle Meatloaf Mashed Potatoes · Gravy Country Style Green Beans Peanut Butter Blondie <b>19</b>	Fish Po Boy · Creamy Cucumber Salad Hushpuppy · Steak Fries Riviera Veg · Lemon Pudding Cake <b>20</b>	Beef Stroganoff Noodles Buttered Peas Honeydew Melon Frosted Chocolate Cake <b>21</b>
Grilled Cheese Sandwich Tomato Basil Soup Garden Salad · Crackers Fruited Gelatin	Ranch Chicken Wrap Italian Pasta Salad Loaded Cauliflower Salad · Frosted Cake	Beef Fajita Salad Southwest Ranch Grapes · Cheddar Cornbread Ice Cream Novelty	Hot Ham & Cheese Puff O'Brien Potatoes Malibu Vegetables Banana Pudding Dessert	Deviled Egg Halves BLT · Potato Chips Vegetables & Ranch Dip Watermelon	Garden Salad Egg Salad Croissant Loaded Potato Soup Crackers · Cookie	BBQ Pulled Pork Sandwich Macaroni & Cheese Baked Beans · Brownie
Country Fried Steak Mashed Potatoes · Gravy Spinach · Fresh Baked Bread Strawberry Pie <b>22</b>	Chicken Fajitas Spanish Rice · Broccoli Cuts · Lime Gelatin Cubes Banana Bread Cake <b>23</b>	Herbed Garlic Butter Pork Loin · Garlic & Herb Potatoes · California Veg Pineapple Pudding Cake <b>24</b>	Turkey Pot Roast Mashed Potatoes · Gravy Green Beans · Chocolate Covered Cherry Brownie <b>25</b>	Italian Beef on a Bun Au Gratin Potatoes Normandy Vegetables Goopy Butter Cake <b>26</b>	Tilapia wth Sour Cream Dill Sauce · Long Grain & Wild Rice · Key West Veg Bread · Lemon Cheesecake Bars <b>27</b>	Spaghetti with Meat Sauce · Riviera Veg Garlic Toast · Garden Salad Frosted Cake <b>28</b>
Fresh Garden Salad Vegetable Soup · Crackers 1/2 Tuna Salad Sandwich Grapes	Beef Tips with Gravy Noodles · Corn Dinner Roll Chocolate Pudding	Bacon, Egg & Spinach Salad · Club Crackers Breadstick · Cottage Cheese Honeydew Melon	Dijon Ham & Swiss Croissant · House Fried Chips & Dip · Broccoli Salad Cantaloupe Sherbet	Pulled Pork · Loaded Baked Potato · Mixed Veg Cinnamon Applesauce Ice Cream Sandwich	Turkey Wrap Italian Pasta Salad Pickled Beets · Watermelon Gelatin Cubes	Pork Tenderloin on a Bun Sweet Potato Fries Buttered Peas Caramel Apple Crisp
Beef Pot Roast with Roasted Vegetables Bread · Cottage Cheese Chocolate Cream Pie <b>29</b>	Creamy Garlic Herb Pork Chop · Baked Potato Normandy Vegetables Monster Cookie Cake <b>30</b>					
BBQ Chicken on a Bun Ranch Potato Wedges Green Beans Oreo Cookie Dessert	Loaded Steak Salad Garlic Toast Honeydew Melon Peach Crisp					

**Meals \$8**  
All meals are  
subject to change

LUNCH  
 SUPPER