

# October

**MEAL DELIVERY** Weekdays, call ext. 100 by 11am;  
Weekends, call ext. 100 before the previous Friday by 11am.

**HOURS** Lunch 11:30am - 12:30pm



Supper 4:30 - 5:30pm

**Meals \$8**

All meals are subject to change

LUNCH

SUPPER

SUNDAY		MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
Smothered Pork Chop Mashed Potatoes · Gravy Riviera Vegetables · Roll Blueberry Pie <b>6</b>	Beef Pot Roast with Roasted Vegetables Normandy Vegetables Bread · Frosted Pumpkin Bar <b>7</b>	Ginger Caramel Pork Loin Applesauce · Buttered Peas Sweet Potatoes · Bread Brownie <b>1</b>	Open Face Hot Turkey Sandwich · Mashed Potatoes · Gravy · Green Beans · Caramel Apple Crisp <b>2</b>	Taco Soup · Cheese Quesadilla · Mandarin Oranges · Mixed Vegetables Pineapple Upside Down Cake <b>3</b>	Shrimp Po Boy Steak Fries · Coleslaw Cascade Vegetables Lemon Pudding Cake <b>4</b>	Beef Pot Pie with Puff Pastry Crust Key West Vegetables Pumpkin Cheesecake Trifle <b>5</b>	Minestrone Soup 1/2 Egg Salad Sandwich Garden Salad Sherbet	Goulash Corn · Blushing Pears Cornbread Orange Poppyseed Cake	Chicken Alfredo Sicilian Vegetables Garden Salad · Garlic Toast Cookie	Loaded Baked Potato Broccoli with Cheese Cottage Cheese · Roll Ice Cream	Polish Sausage on Bun Fried Potatoes & Onions Sauerkraut Ice Cream Novelty
Fish Sandwich French Fries Buttered Peas · Coleslaw Lemon Pudding	Loaded Chicken Taco Parmesan Street Corn Rice Krispie Square	Spaghetti & Meatballs Garlic Buttered Vegetables Garden Salad · Breadstick Caramel Brownie <b>8</b>	Country Fried Steak Mashed Potatoes <b>9</b> Gravy · Green Beans Frosted Peanut Butter Bars	BBQ Pulled Pork Macaroni & Cheese <b>10</b> Baked Beans Cherry Crisp	Teriyaki Beef Noodle Bowl · Oriental Vegetables · Breadstick Butterscotch Apple Cake <b>11</b>	Honey Baked Ham · Roll <b>12</b> Baked Sweet Potato Key West Blend Vegetables Banana Foster Poke Cake					
Fried Chicken · Mashed Potatoes · Gravy <b>13</b> Creamy Coleslaw · Green Beans · Biscuit · Apple Pie	Beef Tenderloin Tips with Gravy · Noodles <b>14</b> California Vegetables · Bread Blueberry Cobbler	Pork Tenderloin on a Bun Onion Rings · Applesauce Mixed Vegetables Ice Cream	Beef Fajita Salad Southwest Ranch Dressing Crackers · Mandarin Oranges Roll · Angel Food Cake	Chili · Roasted carrots Cantaloupe Cornbread Cookie	Chicken Salad Sandwich Chips · Broccoli Salad Lime Gelatin Cubes Cinnamon Baked Apples	Broccoli Cheese Soup Turkey & Swiss Sandwich Garden Salad Watermelon					
Cheeseburger on a Bun Tater Tots Buttered Peas Cookie	Smoked Sausage Sandwich with Grilled Peppers & Onions Potatoes · Riviera Vegetables Butterscotch Brownie	Grilled Reuben Potato Wedges <b>15</b> Normandy Vegetables Frosted Cake	Turkey Pot Pie with Puff Pastry Crust <b>16</b> Cascade Vegetables Cherry Crisp	Catfish Fillets · Au Gratin <b>17</b> Potatoes · Key West Vegetables · Parmesan Herb Biscuits · Lemon bar	Salisbury Steak <b>18</b> Mashed Potatoes · Gravy Broccoli · Bread · Applesauce Gelatin	Lasagna · Garden Salad <b>19</b> Sicilian Vegetables Garlic Toast Frosted Pumpkin Spice Cake					
Pork Roast · Mashed Potatoes · Gravy <b>20</b> Spinach · Bread Cherry Pie	Philly Steak Sandwich Steak Fries <b>21</b> Riviera Vegetables Hot Chocolate Mousse	Chili Mac Corn Cornbread Sherbet	Roast Beef Sandwich Curly Fries Mixed Vegetables Banana Pudding Dessert	Minestrone Soup Dijon Ham & Swiss Croissant Garden Salad Cantaloupe	Chicken and Dumplings Roasted Brussels Sprouts Frosted Chocolate Cake	Bratwurst on a Bun Garlic & Herb Roasted Potatoes · Scandinavian Vegetables · Ice Cream					
Beef & Noodle Soup Roasted Carrots Layered Salad · Dinner Roll Ice Cream Novelty	Stuffed Green Pepper Rice · Corn Breadstick Pumpkin Earthquake Cake	Meatloaf · Mashed Potatoes · Gravy <b>22</b> Green Beans · Bread Apple Butter Crisp	Herbed Garlic Butter Pork Loin · Roasted <b>23</b> Potatoes · Butternut Squash Applesauce · Peach Cobbler	Salmon Filet · Dill Sauce <b>24</b> Rice · Key West Vegetables · Biscuits Lemon Pudding Cake	Lemon & Rosemary <b>25</b> Chicken · Fettuccini Noodles · Broccoli · Roll Angel Food Cake	Honey Baked Ham <b>26</b> Scalloped Potatoes Cascade Vegetables Cookies & Cream Brownie					
Smothered Cube Steak · Mashed Potatoes <b>27</b> Gravy · Carrots · Bread Chocolate Cream Pie	Sweet & Sour Shrimp Rice · Broccoli <b>28</b> Dinner Roll Apple Cake	Grilled Chicken Salad Cottage Cheese & Peaches Crackers · Dinner roll Sherbet	Classic Beef Stew California Vegetables Biscuit Chocolate Pudding	Turkey BLT Wrap Italian Pasta Salad Pickled Beets Fruited Gelatin	Chili Dog on a Bun Waffle Fries Mixed Vegetables Cookie	Beef Ravioli · Buttered Vegetables · Garden Salad Garlic Toast · Snickerdoodle Pumpkin Dessert					
Chef's Salad Cantaloupe Crackers Breadstick Pineapple Pudding Cake	Ranch Chicken Wrap Italian Pasta Salad Loaded Cauliflower Salad · Grapes · Sherbet	Garlic & Herb Pork Chop <b>29</b> Sweet Potatoes & Apples · California Vegetables Bread · Lemon Burst Poke Cake	Grilled Cheese <b>30</b> Garden Salad Tomato Soup Gelatin Cubes	BBQ Ribs · Au Gratin <b>31</b> Potatoes · Key West Veg Applesauce · Cornbread Choc Covered Cherry Brownie	Chicken Wild Rice Soup Egg Salad Croissant Slider Green Beans Watermelon						